



# tewsday newssday!

St. Cuthbert's House

**November 15, 2022**

## INCLUDED IN TODAY'S TEWSDAY NEWSDAY:

### **NEW THIS WEEK**

- ◆ Clergy Spotlight
- ◆ Updated: *Around the Diocese ...*

### **Other articles OF NOTE:**

- ◆ Advent Challenge
- ◆ Praying with PWRDF
- ◆ Updated: QSMM courses
- ◆ Updated: Calendar of Upcoming Dates

***Parishes are invited to share information from the Newsday with their parishioners.*** Thank you for taking time out of your day to get caught up on Diocesan News.

In sharing this information, each parish may have a different method: some may glean the announcements pertinent to their parish to be included in their weekly bulletin, some may include details in their weekly announcements following service, and some may forward the "Newsday" on to their contacts. Please continue to share the information within your parish in the method that best suits your parish. If at any point an announcement or poster would better suit your needs in *word* format, please let Cindy know.

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# ADVENT

Advent is a time of expectation. We come, we cry, we watch, we wait, we look, we long for the birth of the messiah.

At the two most important times of the Christian year, Advent and Easter, we are given time. We are entering now the time of Advent, the time we get to reflect on the mystery that is the incarnation. God with us in the flesh! We are given time to reflect on ourselves as human beings and that God came as an embodied human to share in the journey of pilgrimage we call life.

In our churches we shift our focus, and place symbols to remind us that we are not in the hum-drum time. The advent wreath is the most common for us, maybe in your home or the church. They function as a focal point of prayer and the ceremonial marking of time as a new candle is lit each week, symbolizing the light coming into the world.

## The First Candle - Hope

As the light of something new is coming into the world we live in hope. It is the hope professed by the prophets of old that a saviour would come.

## The Second Candle - Peace

Advent reminds of living in the in-between time of already and not yet. We look forward to God's coming reign where we live peaceable lives as God intended.

## The Third Candle - Joy

As Mary waits for the child growing inside of her to be born, we wait with the joy of anticipation of Christ being with us again, anew and afresh.

## The Fourth Candle - Love

"God so loved the world that he sent his only son" to be with us, not distant or inaccessible, but who chose to come into our midst.

## The Christ Candle - The Feast of the Incarnation

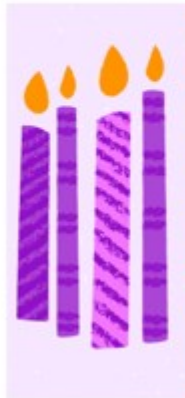
That which we have longed for has arrived among us. The mystery of humanity and divinity becoming one. Glory to God in the Highest and Peace to God's people on earth. We enter now into the season of Christmas leaving Advent behind us. We celebrate for another 12 days as we gladly welcome today, and all days, your Wisdom, your Power, your Emmanuel, your Prince of Peace.





# The Challenge

At the Synod office, we are spreading a little of His Hope, Joy and Peace this Advent to our neighbours on College Avenue by making and delivering Chrismons like the one in the photo along with a little note that looks something like this:



**This Advent and Christmas, we warmly welcome you to come to church and hear His message of Hope, Joy and Peace!**

**Immanuel Anglican Church, 142 Massey Road – [www.immanuelanglicanregina.ca](http://www.immanuelanglicanregina.ca)**

**St. Mary's Anglican Church, 3337 15th Avenue – [www.stmarysregina.ca](http://www.stmarysregina.ca)**

**St. Paul's Anglican Church, 1861 McIntyre Street – [www.stpaulsregina.ca](http://www.stpaulsregina.ca)**

**Advent blessings from your neighbours at the Anglican Diocese of Qu'Appelle, 1501 College Avenue**

## Your challenge as a parish:

1. Spend some time praying and discerning how you might show God's Hope, Peace Joy and Love to the neighbours in your community during Advent. Please take photos of your events, your prayer services, your lessons and carols, your decorated churches.

2. When you have please share your stories and photos (#adventchallenge2022) to [kate.berringer@anglican.quappelle.ca](mailto:kate.berringer@anglican.quappelle.ca) or by tagging @dioceseofquappelle on Instagram or Facebook so they can be shared with the rest of the Diocese.

**We pray for a blessed and meaningful Advent season for your parish family!**

**Your Synod office staff**





**Qu'Appelle House**

*A warm, home-like assisted-living community*

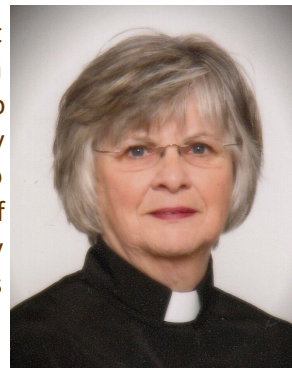
*Do you know that the Diocese of Qu'Appelle is affiliated with a senior care home right here in Regina?*

**Qu'Appelle House** <https://quappellehouse.ca/>

is located next door to the Synod office.

Several of our clergy minister to the residents of the home by offering weekly prayer and Eucharist services on Friday mornings.

The Rev. Anne Marie MacNeil is one of those clergy. Though times have been difficult during the pandemic, she, along with chaplain Rev. Cheryl Johnson and Deacon Rita Brann, have managed to continue services on a regular basis. When asked why is this so important, Anne Marie expresses the sentiment that many who minister to the elderly do: the residents are so appreciative for the opportunity to pray and sing together! So many care home residents are not able to attend church regularly so the willingness of clergy and lay people to offer worship is such a blessing. Anne Marie serves this way because it is a tangible way to bring the Word of God to those who are seeking His promises and hope. The Diocese is so grateful for the faithful service of Anne Marie.



#### Staff spotlight: Cindy Seiferling

As Receptionist/ Executive Admin Assistant, much of Cindy's time is spent in communication with parishes by email and phone, and more recently through the Tewsday Newsday. She also greets and assists visitors who come into the Synod office.

Not only does she provide hospitality, Cindy produces annual reports and renewals, requests and receives parish reports, and updates parish/clergy directories. She also schedules and attends regular committee meetings including Diocesan Council, Board of Trustees, Finance and Executive, as well as maintaining records following the meetings.

It's a busy job but she does well at it. Over the course of her time at the Synod office, she has come to appreciate the amount of work that is done at the parish level by both clergy and congregation members, and she is grateful for the connections and friendships that she has made.



**PWRDF**

#### Praying with PWRDF:

This is held on alternate Thursday's by ZOOM, at 1:00 pm ET.

Contact Kim Umbach ([kumbach@pwrdf.org](mailto:kumbach@pwrdf.org)) for details

Or follow the link on PWRDF website <https://pwrdf.org/get-involved/pwrdf-at-home/>

After the first time signing in, participants will receive regular reminders about upcoming sessions.

# around the diocese ...



This on-going section will list activities that are going on in parishes throughout the diocese.

Although distance may prohibit attendance at many of these events, it is be provided as an informative piece, to let you know what is going on .... *around the diocese!*

If, at any point, you would prefer to have the information sent in a different format, or are unable to open a link, please contact Cindy.

## St. Paul Cathedral , Regina

**Requiem Eucharist** is held the first Saturday of every month at 10:00 AM in the Columbarium. Everyone is welcome!

### **Bible Study at St. Paul's**

The theme for this fall's Bible study will be the Jewish New Testament. We will read the Gospel of Matthew and the Epistles of James and Jude. All sessions are on Thursday mornings from 9:30 to 11:00 in the cloister, beginning on 29 September. All are welcome.

## St. Boniface and St. Lawrence , Assiniboia

**Final Service and deconsecration** of the church building on Sunday, November 20, at 3:00pm

## St. Giles Parish, Estevan

**Bake Sale** on Saturday, December 3, 2022

9:00 am to 2:00 pm

Kids are welcome to make a small craft while you shop, and lunch will be available for a small fee!

**Bible & Brew** - Every Wednesday, 7 PM at the Beef Bar. Enjoy a lively discussion and your favourite beverage!

**The Kelly Family Christmas Concert** - December 17. An evening of music celebrating the true meaning of Christmas. Dessert and coffee time will follow the show.

**Advent Bible Study** - Living Well Through Advent - December 1, 8, 14 and 21 at 3 PM.

All material will be provided including daily devotionals. The study is free.

## Immanuel Parish

- **Kids Quest**: Immanuel is continuing the tradition of a weeknight program for children ages 4 - 10. This year it will be in-person on Wednesday nights at 6:15 pm. The program will run for 8 weeks until November 23rd, and then pick up again after Christmas.

Check our website for more information or to register. [www.immanuelanglicanregina.ca](http://www.immanuelanglicanregina.ca)

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# around the diocese ...



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## St. Mary the Virgin Anglican Church, Regina

**Celebrating Saint Nicholas: an event for all ages.** December 3, 2022 2pm to 6pm includes, outdoor bonfire and food grill, Christmas Market, church tours, musical entertainment, 4pm visit with Saint Nicholas, family vespers

St. Mary parish is pleased to welcome the South Sudanese refugee family sponsored from Nyamizi Refugee Camp, Uganda. *Their arrival has been delayed.* We ask for safe travels of: Mapiou Deng Arok, Ahou Bol Thon, Arok Deng Arok, Arok Mapiou Deng and Ayak Mapiou Deng to their new home and community in Regina. We thank everyone who has not only prayed for us throughout this journey, but also donated money and contributed time to help us achieve our fundraising goals to make this journey memorable. If you need more information, please visit our church website, or contact the church office and your inquiry will be directed appropriately.

## Sask Gateway Parish from Moosomin St. Albans and Rocanville St. Thomas:

- **Bible study** has resumed with a combination of online and in person study. Bible study is Thursday's at 7pm at St. Thomas Parish Hall and on zoom. We are doing a study on The Chosen series.
- We also have a **youth program** that we are hosting bi-weekly on Friday's at St. Thomas Parish Hall. We open doors for a movie after school at 3:30pm- 5:30pm and show a movie for grades K-6 with a free snack. We are having great turn outs of anywhere from 10-20 kids regularly. October 14 showed Sonic 2.
- St. Albans is holding its annual **Christmas Bazaar** on November 19<sup>th</sup> from 1-3pm.
- Looking forward the **Kelly Christmas Concert** will be at the Nutrien Hall in Rocanville Friday December 16 with more information to come. This is one of our largest fundraisers annually.
- St. Albans in Moosomin is having regular service time with one service a month with Rev. Brian Woods and the rest are being led by Lay leaders. Service is 11am on Sunday.
- Services at St. Thomas are also being led by lay leaders at 11am.

## Last Mountain Parish

Nokomis—**Lessons and Carols** on December 11, 2022 beginning at 11:00

*Do you have an event or announcement to be included from your parish?  
Submit it to Cindy at [dio.quappelle@sasktel.net](mailto:dio.quappelle@sasktel.net)*





## THE QU'APPELLE SCHOOL FOR MISSION AND MINISTRY

Contact Archdeacon Catherine to register: [archdeacon.catherine@sasktel.net](mailto:archdeacon.catherine@sasktel.net)

### Preaching Series:

The Qu'Appelle School for Mission and Ministry is inviting preachers and want-to-be preachers to attend a preaching course taught by the Rev. Dr. Iain Luke, principal of the College of Emmanuel and St Chad.

This is an opportunity to learn about preaching and to do some preaching within the group.

First class was November 4.

**Remaining dates: Nov. 10<sup>th</sup> / Dec. 2<sup>nd</sup> and 9<sup>th</sup> / Jan. 6<sup>th</sup> and 13<sup>th</sup> / Feb. 3<sup>rd</sup>.**



Rev. Dr. Iain Luke

A certificate will be awarded upon the successful completion of the course.

### Qu'Appelle School for Mission & Ministry – Preaching course

Instructor: the Rev. Dr. Iain Luke, College of Emmanuel & St Chad

#### Course goals

On successful completion of this course, you will be able to:

1. Clearly articulate your understanding of the nature and purpose of preaching
2. Prepare and deliver a sermon appropriate to the time and place
3. Demonstrate developing confidence, and a sense of your own voice as a preacher.

#### Course schedule and format

The course will take place by video conference, using a single Zoom link

Dates and times are as follows:

Friday, November 4 6:30-9:30pm Class Session I

Thursday, November 10 6:30-8:30pm Preaching Practice I

Friday, December 2 6:30-9:30pm Class Session II

Friday, December 9 6:30-8:30pm Preaching Practice II

Friday, January 6 6:30-9:30pm Class Session III

Friday, January 13 6:30-8:30pm Preaching Practice III

Friday, February 3 6:30-9:30pm Class Session IV (Conclusion of course)

Class sessions will consist of a combination of talks from the instructor, exercises, discussion, and Q&A times. On preaching practice evenings, each participating student will deliver a “first draft” of a prepared sermon, in order to receive feedback from peers and from the instructor.

For more details, contact Archdeacon Catherine.



## THE QU'APPELLE SCHOOL FOR MISSION AND MINISTRY

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### Bible Overview: *Through the Bible in a Year (2022)* continues...

#### Explore The New Testament with Rev. Dr. Dean Pinter

**Wednesday, December 7<sup>th</sup> 2022**

The writings of Matthew, Mark, James, Peter and Jude

Note: Revised schedule



Rev. Dr. Dean Pinter

**Wednesday, January 11<sup>th</sup> 2023**

The writings of John (the gospel, epistles and Revelation)

Classes will be offered on Zoom and are meant to give an overview of each book. It is hoped that you will read as much of the books as possible following each session. There will be time allowed for questions from the reading of the previous month. Start time will be 7:00 p.m.



### A Course for Lay Home Communion Visitors

Instructors are: Deacon Canon Susan Page,  
Rev. Lauren Miller, Dr. Margi Hollingshead

**March 21<sup>st</sup> 2023 (Zoom) 7:00 – 9:00 p.m.**

**April 20<sup>th</sup> 2023 (Zoom) 7:00 – 9:00 p.m.**

**May 13<sup>th</sup> 2023 (in person) 1:00 – 5:00 p.m.**

The May session will end with a service of commissioning.

#### **Topics to be covered include:**

Understanding the role of the home visitor, the process and protocol of taking Communion to the sick and shut-in, in residences, hospital and Nursing Homes, communication skills, confidentiality, etiquette for visits, empathy, the art of listening, special communication skills when dealing with persons with visual, hearing, speech or cognitive impairments.

*If you would like to make a general donation to QSMM, you may do the following:*

1. Mail a cheque to: The Diocese of Qu'Appelle 1501 College Ave. Regina, SK S4P 1B8 (payable to Diocese of Qu'Appelle - indicate QSMM donation on memo)
2. Donate online through **Canada Helps** using the following steps: go to [www.quappelle.anglican.ca](http://www.quappelle.anglican.ca)  
You will get a Transaction Confirmation number and can download your receipt



# upcoming 2022 dates ...

## NOVEMBER

- 20 — Assiniboia final service and deconsecration
- 21 to 27: Executive Archdeacon meeting in Toronto
- 27 — First Sunday of Advent
- 27 — Bishop Helen at Midlakes parish

## DECEMBER

- 4 — Second Sunday of Advent
- 7 — QSMM: Explore the New Testament The writings of Matthew, Mark, James, Peter and Jude
- 11 — Third Sunday of Advent
- 11 — Lessons and Carols: Nokomis parish
- 16 — Kelly Christmas Concert: St. Thomas, Rocanville
- 18 — Fourth Sunday of Advent
- 19 — Christmas Bazaar: St. Alban, Moosomin
- 25 — Christmas Day
- 24 to January 3, 2023 — Synod Office closed

## JANUARY

- 1 — New Year's Day
- 11 — QSMM: Explore the New Testament  
The writings of John (the gospel, epistles and Revelation)